



TOP MATCHES ARE CALLED **BOUS**. BOUS FROM Y12 TO THE SR. DIVISION GO TO 15 TOUCHES, VETERAN BOUS GO TO 10.

SABER

- CUTTING WEAPON
- ANYWHERE ON BLADE
- RIGHT OF WAY MATTERS

FOIL

- THRUSTING WEAPON
- POINT OF BLADE ONLY
- RIGHT OF WAY MATTERS

EPEE

- THRUSTING WEAPON
- POINT OF BLADE ONLY
- NO RIGHT OF WAY (2 LIGHTS POSSIBLE)

THE 3 WEAPONS

TARGET WHOLE BODY

TARGET TORSO ONLY

TARGET WAIST UP

FENCING

3 WEAPONS FOIL, EPEE & SABER

3 WEAPONS UNDER ONE UMBRELLA

WHAT'S FENCING?

IT'S A FAST-PACED OLYMPIC & PARALYMPIC SPORT WHERE ATHLETES USE WEAPONS TO SCORE POINTS.

FENCING IN A NUTSHELL

FENCING

WHEN TO CHEER!

FOIL

WATCH FOR CLEAN ATTACKS
LIGHTS + REFEREE CALL

RED/GREEN LIGHTS = TOUCH

REF MAKES CALL BASED ON FENCER "RIGHT OF WAY"

EPEE

LIGHTS ON? POINTS SCORED! SIMPLE AS THAT.

BUT FENCERS CAN SCORE AT THE SAME TIME WHICH = **DOUBLE POINTS**

SABER

LOOK FOR **FAST SLASHES** IT'S ALL ABOUT QUICK CALLS!

RED/GREEN LIGHTS = TOUCH

REF MAKES CALL BASED ON FENCER "RIGHT OF WAY"

KEY DIFFERENCES TO WATCH FOR

FOIL

PRECISION & RIGHT OF WAY (THINK CHESS)

EPEE

PATIENCE & ACCURACY

POINT

ONE TOUCH = POINT

SABER

SPEED & SLASHING & RIGHT OF WAY

NOT ALLOWED TO CROSS THEIR FEET

MY FENCER'S NOTES:

EVENT(S):

STRIP(S):

CHEER LOUD! CLAP PROUD! & ENJOY THE ACTION!

DON'T STRESS! FENCING TAKES A LITTLE TIME TO FOLLOW.

HOW TO: WATCH FENCING

USA FENCING

FOLD IT. POCKET IT. CHEER LIKE A PRO!